



BASILDON CC OPEN 25 MILE TIME TRIAL

UNDER CTT REGULATIONS

SUNDAY 8th September 2024 STARTING AT 8AM

E83/25

Time Keepers: Len Gordon and Graham Hurrell

THIS IS A SPOCO SE 2024 QUALIFYING EVENT



Event Secretary: Graham Hurrell. 20 Grandview Road, Thundersley, Essex. SS7 3JZ
Tel: 07504 804744

Event HQ Fryerning Parish Rooms, Mill Green Road CM4 0HJ
Car Parking: Ingatestone Community Centre, 7 High Street, CM4 9ED

AWARDS.

SCRATCH

FIRST PLACE: GOLD MEDAL.*
SECOND PLACE: SILVER MEDAL
THIRD PLACE: BRONZE MEDAL

FIRST LADY: GOLD MEDAL
SECOND LADY: SILVER MEDAL
THIRD LADY: BRONZE MEDAL

ROAD BIKES (UCI Regs: rims less than 10cm / no aero bars etc)

FIRST PLACE GOLD MEDAL
SECOND PLACE SILVER MEDAL
THIRD PLACE BRONZE MEDAL

HANDICAP: (using CTT standard tables)

FIRST ON HANDICAP: GOLD MEDAL
SECOND ON HANDICAP : SILVER MEDAL
THIRD ON HANDICAP: BRONZE MEDAL.

FASTEST JUNIOR.

FIRST PLACE: GOLD MEDAL
SECOND PLACE: GOLD MEDAL
THIRD PLACE: BRONZE MEDAL

*Medals are non precious metal and enamel

COURSE DESCRIPTION

START: GR641004 at EP1 60yds into Beggar Hill, Fryerning. Proceed and turn L into Mill Green Road & continue through Fryerning & Mill Green, past Viper Pub bearing left. At T junction, Highwood, turn L (M) to Blackmore and continue and bear left at Park Farm follow Blackmore Road to turn L at Wood Barns Farm to complete 1st circuit. 8.16 miles. Continue for another circuit 16.32miles. continue for 3rd circuit 24.49 miles and continue to finish opposite post box 60 yds before The Cricketers public house.

Please familiarise yourself with the course: a map is available on CTT website.

EVENT BRIEFING SHEET.

LIGHTS AND HATS

You are required to have a front and rear light that are either continuous or flashing at the time you begin the event. You are also required to wear a hardshell helmet that meets the British standard.

U TURNS

If you are new to time trialing possibly the easiest mistake you will make is to make a glorious, sweeping U turn in the start and finish area. Don't. It will get you disqualified for putting everyone at risk - even if there isn't a car in sight it shows a cavalier mindset to everyone's safety and is deeply frowned upon. (by me)

GIVING WAY

Just because you are aiming to break the land speed record does not entitle you to ride like you own the road. Give way to the right. Indicate, when appropriate, your direction of travel to other road users. There are junctions on the course, so give way to the right on these. If you have to slow down you will almost certainly regain the time lost - If you end up having a row with some random driver or, worse, in A&E you will never regain that time lost.... Particularly the T junction at Highwood..90 riders will be going through this junction in the space 90 minutes. One of you **will** encounter a car from the right. The marshal WILL NOT tell you it is safe. THAT IS YOUR JOB

Road Safety

There will be signage on the course warning other road users that an event is taken place. Please do not be under the illusion that they make the slightest difference. You are, obviously, on the open road - so ride accordingly. This circuit is fun because it is full of tight fast corners. If you like to take your corners wide don't be enormously surprised to find something coming toward you - The fast bends just past The Viper ph have been known to tip riders into the forest. There is no prize for this. Finally; if a deer runs across the road in front of you - expect the rest of the herd to follow.

MARSHALLS

The event is marshalled at key points. They are NOT there to indicate that it is safe to proceed. They cannot stop the traffic. They are, at best, a physical indication to other road users that 'something' is happening. They will indicate, as best they can, which direction to go, but ultimately, staying on course is your responsibility. CTT have a wonderful map of the route. Suffice to say, if you end up in Ongar you have gone the wrong way

Sign on / Sign off

At the HQ from 7am onwards. Collect your number and fix it so that the time keepers will be able to see it - and/or call your number as you finish - assuming you have the breath.

Route to the Start

The start is about 200 yds away from the HQ.

Parking

Collect your number and sign on by all means using your car but please park at either Ingatestone Community Centre Carpark (post code above) or on the rough car park opposite The Cricketers Ph near the finish.... Don't park on the course, please.

Drafting

Drafting or pacing in time trials is not allowed. If you are overtaken by a rider who then slows down you are obliged to give him/her space OR overtake and make away.

Warming up

Please do not warm up on the course once the event has started. There is a CTT ruling that turbo trainers may not be used on morning events.

PRIZES

The Viper 25 mile time trial is a hard core event. The joy comes at the end. Please stay for unlimited tea/ coffee and cake afterwards. I am hoping to be back from the finish in time to hand out the medals. For those with a fan club Blackmore has a lovely tea room and Mill Green 2 lovely pubs.

Thankyou for supporting the event...

Very best wishes for a safe, fast and fun ride.

Graham H

